



BISTRO1

Prix Fixe -Lunch



2 Courses - £9.90

3 Courses - £11.90

2 COURSES INCLUDES A STARTER & MAIN OR MAIN & DESSERT

3 COURSES INCLUDES A STARTER, MAIN & DESSERT

STARTERS

Soup of the day (V)

Deep-fried Calamari, served with garlic mayonnaise & salad

Warm Crispy Bacon and Potatoes, served with the chef's dressing

Smoked Salmon & Avocado Salad, with Bistro dressing

Prawn Cocktail & Avocado, with thousand-island sauce

Turkish Spicy Sausages, served with mixed salad & the chef's dressing

Deep-fried Spicy Chicken on Skewers, served with salad & spicy garlic yoghurt dip

Feta Cheese Salad, with tomato, basil & olive oil dressing (V)

Middle Eastern Style Falafel & Hummus, served with salad and olive oil dressing (V)

Honeydew Melon & Mango, with mixed berry coulis (V)

Chargrilled Sardines, served with salad & garlic mayonnaise

Bistro Mixed Meze (hummus, falafel, tzatsiki, kisir, dolma & cheese borek) (V)

Traditional Borek with feta cheese & mixed herbs (V)

Hummus Kavurma, diced lamb on hummus

Mussels Mariniere, cooked in white wine, garlic & cream

MAINS

Meat

Pork Chops, served with mashed potato & peas and onion gravy

Chargrilled Lamb Shish Kebab, served with rice & salad

Mediterranean Style Meat Mousakka, served with rice & salad

Chargrilled Lamb Kofte Meatballs, served with rice & salad

Steak Sandwich, served with chips & salad

Steak A La Minute, served with mashed potato & gravy

Chicken

Mediterranean Chicken, served with mixed vegetables in a tomato and garlic sauce with rice and salad

Chargrilled Chicken Shish Kebab, served with rice & salad

Chargrilled Boneless Thigh of Chicken (Kulbasti)

served with rice & salad

Pan-fried Chicken Escalope, served with mashed potato, peas and gravy

Chicken Caesar Salad with croutons & fresh parmesan served with caesar dressing

Fish & Seafood

Homemade Fish Cakes, served with chips, salad & tartare sauce

Fillet of Sea Bream, topped with smoked salmon & saffron cream, served with mashed potato

Chargrilled Fillet of Salmon, served with spinach, mushrooms & a creamy saffron sauce

Deep-fried Calamari, served with chips and salad

Vegetarian

Mediterranean Style Vegetarian Mousakka, served with rice & salad (V)

Middle Eastern Falafel & Hummus, served with salad & olive oil dressing (V)

Basil Pancake filled with Goat's Cheese, Mushrooms & Creamed Spinach, served with rice & salad (V)

Pasta

Penne Napolitana in tomato & garlic sauce (V)

Penne Chicken Arrabbiata cooked in spicy tomato & garlic sauce (HOT!)

Mixed Seafood Penne Pasta, served with a rich tomato and basil sauce

CHEF'S SPECIALS

100% Homemade Mini Beef Meatballs cooked in a £9.90

tomato garlic and basil sauce with penne pasta

Mediterranean Prawns in White Wine & Garlic £11.90

Cream Sauce, served with Mashed Potatoes & Salad

Chargrilled Chicken Breast with Mozzarella & £11.90

Bacon served with Chips & Salad

Rib-Eye Steak, served with Chips & Salad £15.90

Mixed Chargrilled Kebab, Kofte Meat Balls, Lamb £11.90

& Chicken Shish served with Rice & Salad

MENU ITEMS MAY CONTAIN NUTS OR ALCOHOL. ALLERGY CONCERNS SHOULD BE REFERRED TO THE MANAGER
SERVICE NOT INCLUDED (ON GROUPS OF 6 OR MORE A 12.5% DISCRETIONARY SERVICE CHARGE WILL APPLY)

27 Frith St--Soho--W1D 5LE
b3@bistro1.co.uk
020 7734 6204
@Bistro1_London
facebook.com/bistro1frithst

